

# Villa Rose Senior Living Community

## Sample Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Continental Breakfast: 7:30 am to 8:30 am</b> Juice/Coffee/Pastries	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice	<b>Breakfast: 7:30 &amp; 8:30 am</b>  Juice
<b>Brunch: 11:30am &amp; 12:30pm</b>	Fruit - Diced Pears Hot & Cold Cereal Scrambled Eggs Toast  Poached Egg Potatoes O'Brien Bacon	Fruit - Orange Wedges Hot & Cold Cereal Scrambled Eggs Toast  Sunrise Sandwich Biscuits & Gravy Sausage Patty	Fruit - Bananas Hot & Cold Cereal Scrambled Eggs Toast  Sausage & Cheese Omelets French Toast Ham	Fruit - Mandarin Oranges Hot & Cold Cereal Scrambled Eggs Toast  Boiled Egg Biscuits & Gravy Sausage Link	Fruit - Diced Peaches Hot & Cold Cereal Scrambled Eggs Toast  Sunrise Casserole Hash browns & Onions Bacon	Fruit - Grapes Hot & Cold Cereal Scrambled Eggs Toast  Fried Egg Fried Potatoes Sausage Patty
Pancakes with Blueberry Topping Sausage Links Fried Chicken Meatloaf Whipped Potatoes Vegetable  Salad or Apple Sauce	<b>Lunch: 11:30 am to 1:00 pm</b>  BBQ Chicken Sandwich with French Fries	<b>Lunch: 11:30 am to 1:00 pm</b>  Grilled Ham & Cheese Pasta Salad	<b>Lunch: 11:30 am to 1:00 pm</b>  Tuna Salad Sandwich with Tomato, Cucumber & Onion Salad	<b>Lunch: 11:30 am to 1:00 pm</b>  Philly Cheese Steak with Coleslaw	<b>Lunch: 11:30 am to 1:00 pm</b>  Breaded Fish Sandwich with Macaroni & Cheese  Soup: Cream of Potato	<b>Lunch: 11:30 am to 1:00 pm</b>  Sub Sandwich with Chips
<b>Dinner: 4:15 &amp; 5:30 pm</b>  Soup Sandwiches  Cottage Cheese & Fruit Plate  Cookies	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Chicken & Dumplings or Baked Ham with Pineapple  Baked Sweet Potatoes Vegetables Dinner Roll  Salad or Apple Sauce  Pecan Pie Diet Dessert	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Beef & Peppers Macaroni or Turkey Pot Pie  Vegetables Dinner Roll  Salad or Apple Sauce  Autumn Apple Salad Diet Dessert	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Cabbage Rolls or Baked Fish with Lemon Crumb Topping  Steamed Rice Vegetables Dinner Roll  Salad or Apple Sauce  Oreo Cheesecake Diet Dessert	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Baked Ravioli or Country Fried Steak with Gravy  Whipped Potatoes Vegetables Dinner Roll  Salad or Apple Sauce  Ice Cream Novelties Diet Dessert	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Fried Shrimp or BBQ Pork steak  Baked Potatoes Vegetables Dinner Roll  Salad or Apple Sauce  Banana Chocolate Parfait Diet Dessert	<b>Dinner: 4:15 &amp; 5:30 pm</b>  Beef Stroganoff or Chicken Ala King with Biscuit  Vegetables Dinner Roll  Salad or Apple Sauce  Pineapple Cake Diet Dessert