

Villa Rose Senior Living Community

Sample Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Continental Breakfast: 7:30 am to 8:30 am Juice/Coffee/Pastries	Breakfast: 7:30 & 8:30 am Juice	Breakfast: 7:30 & 8:30 am Juice	Breakfast: 7:30 & 8:30 am Juice	Breakfast: 7:30 & 8:30 am Juice	Breakfast: 7:30 & 8:30 am Juice	Breakfast: 7:30 & 8:30 am Juice
Brunch: 11:30am & 12:30pm	Fruit - Diced Pears Hot & Cold Cereal Scrambled Eggs Toast Poached Egg Potatoes O'Brien Bacon	Fruit - Orange Wedges Hot & Cold Cereal Scrambled Eggs Toast Sunrise Sandwich Biscuits & Gravy Sausage Patty	Fruit - Bananas Hot & Cold Cereal Scrambled Eggs Toast Sausage & Cheese Omelets French Toast Ham	Fruit - Mandarin Oranges Hot & Cold Cereal Scrambled Eggs Toast Boiled Egg Biscuits & Gravy Sausage Link	Fruit - Diced Peaches Hot & Cold Cereal Scrambled Eggs Toast Sunrise Casserole Hash browns & Onions Bacon	Fruit - Grapes Hot & Cold Cereal Scrambled Eggs Toast Fried Egg Fried Potatoes Sausage Patty
Pancakes with Blueberry Topping Sausage Links Fried Chicken Meatloaf Whipped Potatoes Vegetable Salad or Apple Sauce	Lunch: 11:30 am to 1:00 pm BBQ Chicken Sandwich with French Fries	Lunch: 11:30 am to 1:00 pm Grilled Ham & Cheese Pasta Salad	Lunch: 11:30 am to 1:00 pm Tuna Salad Sandwich with Tomato, Cucumber & Onion Salad	Lunch: 11:30 am to 1:00 pm Philly Cheese Steak with Coleslaw	Lunch: 11:30 am to 1:00 pm Breaded Fish Sandwich with Macaroni & Cheese Soup: Cream of Potato	Lunch: 11:30 am to 1:00 pm Sub Sandwich with Chips
Dinner: 4:15 & 5:30 pm Soup Sandwiches Cottage Cheese & Fruit Plate Cookies	Dinner: 4:15 & 5:30 pm Chicken & Dumplings or Baked Ham with Pineapple Baked Sweet Potatoes Vegetables Dinner Roll Salad or Apple Sauce Pecan Pie Diet Dessert	Dinner: 4:15 & 5:30 pm Beef & Peppers Macaroni or Turkey Pot Pie Vegetables Dinner Roll Salad or Apple Sauce Autumn Apple Salad Diet Dessert	Dinner: 4:15 & 5:30 pm Cabbage Rolls or Baked Fish with Lemon Crumb Topping Steamed Rice Vegetables Dinner Roll Salad or Apple Sauce Oreo Cheesecake Diet Dessert	Dinner: 4:15 & 5:30 pm Baked Ravioli or Country Fried Steak with Gravy Whipped Potatoes Vegetables Dinner Roll Salad or Apple Sauce Ice Cream Novelties Diet Dessert	Dinner: 4:15 & 5:30 pm Fried Shrimp or BBQ Pork steak Baked Potatoes Vegetables Dinner Roll Salad or Apple Sauce Banana Chocolate Parfait Diet Dessert	Dinner: 4:15 & 5:30 pm Beef Stroganoff or Chicken Ala King with Biscuit Vegetables Dinner Roll Salad or Apple Sauce Pineapple Cake Diet Dessert